

# U12 9v9 FORMAT

## Competition Guidelines 2021



### Introduction:

In 2021 Football St George will join other Associations in NSW by implementing the 9v9 format in the Under 12s competition. This decision has been made to provide the best learning environment for young players so each individual can realise their full potential.

9-a side in Under 12's is played under FIFA Laws of the Game. It allows players to be challenged technically as well as physically through multiple repeated actions in smaller areas. It also aims to set realistic expectations that meet the needs of young footballers, rather than senior players. It focuses on the development of a player rather than the result of the match.

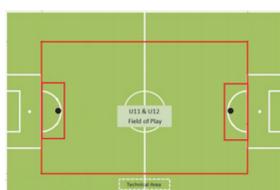
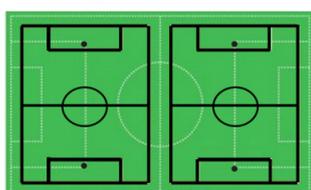
The playing format for Under 12 leagues is as follows:

<b>Numbers</b>	9 v 9 Including Goalkeeper. Max of 5 substitutes
<b>Field Size</b>	<b>Best Practise:</b> 65m long x 45m wide
<b>Goal Size</b>	<b>Maximum:</b> 5m wide x 2m high
<b>Penalty Area</b>	<b>10m deep x 20m wide</b>
<b>Duration</b>	2 x 25mins halves minimum 5min half time break
<b>Referee</b>	SGFRA Appointed
<b>Ball Size</b>	Size 4
<b>Points / Finals</b>	Yes

### Competition Rules:

**Field Markings:** All field markings as required for a full-size pitch, including the penalty area, are required for Under 12 matches.

Field markings can be marked with paint, or flat markers. Painted lines must be a different colour to any existing line markings used for the full-size pitch.



**Offside rule:** The offside rule will be included in the Under 12 competition as it is an integral rule to the game of football.

9v9 on the recommended size pitch will help players learn the rule as there is no longer as much space between the halfway line and the opposition goals.

**Penalties:** In accordance with FIFA LOTG, a penalty kick will be awarded if a player commits a direct free kick offence inside their penalty area.

Penalty spot is 7m from the goal line

All players- bar the kicker and defending GK must be 5m away from the goal.

**Goalkeeper:** The goalkeeper is allowed to handle the ball anywhere in the penalty area. To restart play after a save or gathering the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet, within 6 seconds. The goalkeeper is not allowed to kick or dropkick the ball from their hands.

**Goal kick:** Goal kicks can be taken from anywhere within the penalty area. Opponents must be outside the penalty area until the ball is in play. The ball is in play once it is kicked.

**Throw ins:** Player faces the field of play, has part of each foot on the ground either on or behind the touch line, uses both hands and delivers the ball from behind and over their head.

The thrower must not touch the ball again until it has touched another player.

The ball is in play once it enters the field of play. A goal cannot be scored directly from a throw in.

**Corner kicks:** Opponents must be at least 5 metres away from the ball until it is in play.

The ball is in play when it is kicked and moves.

**Discipline:** Red or Yellow cards will be issued to players in Under 12 competitions.

For any fouls that would ordinarily result in a red card, the match official will instruct the player to leave the field of play for the remainder of the match